DAILY ACTIVITIES TO EXPERIENCE

Time	Activity	Venue	Duration
8AM	**Nature Walk 自然漫步 & Squirrel Feeding 松鼠喂食**	Gather at Lobby 大堂集合	30 minutes 分钟 – 1 hour 小时
	Yoga 瑜珈	Beach Pavilion 海灘亭	1 hour 小时
9AM	**Turtle Discovery Snorkeling Experience 海龟浮潜体验** 每人 RM80 per person	Recreation Centre 康乐中心	1 hour 小时
	1-stop Coral Snorkeling 一站珊瑚浮潜 每人 RM90 per person	Recreation Centre 康乐中心	1 hour 小时
10AM	**Coral Adoption 珊瑚领养** 每人 RM50 per biscuit	Gather at Marine Conservation Counter 聚集在海洋保育柜台	1 hour 小时
	Yoga 瑜珈	Yoga Studio	1 hour 小时
10.30AM	**Designer Bag Maker 小包袋制造** 每人 RM50 per person	Jojo Kids Club Jojo 儿童乐园	1 hour 小时
11AM	**Marine Conservation Talk 海洋保育讲座**	SEATRU Turtle Lab SEATRU 海龟实验室	1 hour 小时
2PM	**Batik Painting 蜡染画** 每人 RM50 per person	Jojo Kids Club Jojo 儿童乐园	1 hour 小时

Time	Activity	Venue	Duration
2PM	**1-stop Coral Snorkeling 一站珊瑚浮潜** 每人 RM90 per person	Recreation Centre 康乐中心	1 hour 小时
	Turtle Discovery Snorkeling Experience 海龟浮潜体验 每人 RM80 per person	Recreation Centre 康乐中心	1 hour 小时
3PM	**Little Chef 小厨师** 每位儿童 RM35 per child	Asean Terrace Lounge 咖啡厅	1 hour 小时
	Marine Conservation Talk 海洋保育讲座	SEATRU Turtle Lab SEATRU 海龟实验室	1 hour 小时
	Yoga 瑜珈	Yoga Studio	1 hour 小时
3.30PM	**Batik Painting 蜡染画** 每人 RM50 per person	Jojo Kids Club Jojo 儿童乐园	1 hour 小时
5.30PM	**Zumba 尊巴舞**	Asean Terrace Lounge 咖啡厅	30 minutes 分钟

All-Terrain Vehicle (ATV)
Single @ RM320 Double @ RM370

Time		Venue	Duration
10AM 3.30PM	11.30AM 5PM	Gather at Lobby	1 hour

Recreation Activities

Dive Excursions & Activities

COMPLIMENTARY FOR ALL!

INDOOR ACTIVITIES 室内活动
Monopoly 大富翁 • Chess 国际象棋 • Mahjong 麻将 • Congkak • Carrom 卡罗姆 • Ping Pong (table tennis) 乒乓 • Pool Table 台球桌 • Foosball 桌上足球 • Trampoline • Drawing Coloring Kids Cartoon/Movie 卡通色彩 / 儿童电影

OUTDOOR ACTIVITIES 户外活动
Beach Soccer 沙滩足球 • Sepak Takraw • Beach Volleyball 沙滩排球 • Tennis 网球 • Kayak 皮划艇* • Kite Flying 放风筝 • Squirrel Feeding 喂松鼠 • Sandcastle Making 沙堡制作 • Swimming Pool 游泳池 • Nature Walk 自然漫步 • Body Board 冲浪板 • Jungle Gym 丛林健身房 • Beach Tennis 沙滩网球 • The Taaras Shore Snorkeling 塔拉斯海岸浮潜

*One-time kayak per room per stay

THE TAARAS
REDANG ISLAND, TERENGGANU

Note
* Please **book your slot** at least **one day in advance** at the **Recreation Centre** • Availability of water sports and outdoor **activities** are **subjected to weather conditions** and may change without prior notice • Location of snorkeling will be informed upon departure based on weather condition